

D.V.T. (Deep Vein Thrombosis)

OP Kapoor

Doctors are afraid of D.V.T. Rightly so. But to reduce your tension the following figures will help you.

Only 20% patients of deep vein thrombosis of calf veins will develop Ileo-femoral thrombosis. Only 50% patients of Ileo-femoral thrombosis will throw emboli into the lungs. Only 50% of these patients

Ex. Hon. Physician, Jaslok Hospital and Bombay Hospital, Mumbai, Ex. Hon. Prof. of Medicine, Grant Medical College and JJ Hospital, Mumbai - 400 008.

will have symptoms of cough or dyspnoea or both. A big embolus could be fatal.

What lessons can be learnt? Diagnose calf vein thrombosis more often with the help of D - Dimer blood test. Put all these patients on a 3 month course of oral direct anticoagulants like Rivaroxaban and have no tension. Even if the patient gets small pulmonary emboli, a big fatal embolus cannot take place.