

Guest Editorial

A person's thoughts can be ascertained by looking in his or her eyes. The proverb has been traced back in English to 'Regiment of Life' (1545). Cicero (106-43 B.C.) is quoted as saying, 'Ut imago est animi voltus sic indices oculi' (The face is a picture of the mind as the eyes are its interpreter). The Latin proverbs, 'Vultus est index animi' or 'Oculus animi index,' are usually translated as 'The face is the index of the mind.'

The French say, 'Les yeux sont le miroir de l'dme (The eyes are the mirror of the soul) as quoted in "Random House Dictionary of Popular Proverbs and Sayings" by Gregory Y. Titelman (Random House, New York, 1996)

While all the above may be true in a proverbial sense, the fact that "The eyes are a window to one's health" is completely true and forms the basic philosophy of this Special Edition which is themed as "The Eye for the General Physician". Often, patients are referred to and visit an ophthalmologist for refraction, glasses, cataracts, raised intraocular pressures and retina related problems i.e. basically ocular issues. But an ophthalmologist can truly work in conjunction with a general physician and also clinicians of other specialties to assist them in the care of their patients. This forms the basis of our first article of this special issue.

The rest of this issue is split into 5 parts.

"Red Eyes" are often encountered by

the general physician and the first part has four articles (which are "5 minute read" articles) dealing with Red Eyes encountered in Computer Vision Syndrome, Contact Lens Related Infections, Chronic Cicatricial Conjunctivitis, Uveitis and Scleritis. "Ocular Diseases" like Glaucoma, Age Related Macular Degeneration and Ptoisis are dealt with in details in the second part. Systemic Diseases often have ocular manifestations. And hence the third part is dedicated to "Systemic Diseases with Ocular Manifestations" including Neuro-Ophthalmic Problems (5-minute read article) and detailed articles on Thyroid Eye Disease, Diabetic Retinopathy and Retinal Vascular Occlusions. The fourth part deals with "Paediatric Ophthalmology" and includes articles describing the specifics of Refractive Errors in Children, Retinopathy of Prematurity and care of Challenged Children. The last part deals with "Social Aspects, Patient Expectations and Futuristic Ideas". Any ophthalmology work would remain incomplete without dealing with "Eye Donation Facts" which are enumerated here in simple question and answer format. "Artificial Intelligence" is predicted to be the way to go and we end this special edition with a short article on a futuristic idea of a machine to predict stroke in unsuspecting patients.

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Our Past and Current Residents Dr. Sailie Shirodkar, Dr. Priyanka Sathe, Dr. Roma Vakade, Dr. Sonali Sontakke and our Optometrists Ms. Trupti Khaladkar, Ms. Jyoti Dodhi and Mr. Sahil Mhatre have been major contributors and young driving task-masters for all of us. We also thank Dr. Asmita Sakle, Dr. Paresh Marathe, Dr. Avani Bhanushali and Mr.

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Needless to say, this effort would be incomplete without all the physicians and surgeons (with whom we work day in and day out for the care of our patients) and also all our patients; we are for and because of them.

Personally, I wish to thank the entire Bombay Hospital Journal Editorial Team for the concept and having given me the opportunity to edit this special issue and the Management of Bombay Hospital Institute of Medical Sciences, Mumbai for their support as always.

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